

Broccoli	
Variety	
Source of Origin	Maharashtra
Certificates	
Package	Bulk, 250 gms, 500 gm, 1 kg.
Appearance	Dark Green
Available Months	12 Months
Supply Capacity	
Minimum Order	2 Tonnes
Processing Type	IQF & Fresh

Nutritional Information

Water%	89.3
Protein%	2.82
Fat%	0.37
Sugar%	1.7
Calcium (Ca)%	47 mg
Phosphorus (P)%	66 mg
Iron (Fe)(mg/100gm)	0.73
Vit A	660 IU
Vit B	-
Vit B1 (ThiA)	-
Vit B2 (Ribf)	-
Vit C(mg/100gm)	89.2
Niacin	0.64
Minerals%	-
Fibers%	5 mg
Sodium (Na)	33 mg
Folic Acid	
Source	USDA national nutrient data